

## Enliven Principles

### Activity:

pursuing your hobbies and interests, and gaining new ones

### Contribution:

satisfaction in helping others and making a difference

### Choice:

in the things that matter to you

### Relationships:

with family/whānau, friends and community

### Respect:

being understood and valued by others

### Security:

help is at hand when needed

We welcome your enquiry. Please call the Manager to make an appointment for a tour of Holmdene.

**enliven**  
PRESBYTERIAN SUPPORT OTAGO

**Holmdene**  
Residential Aged Care

## Holmdene

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## Enliven Holmdene

### Introducing Enliven

Some things make for healthier, happier living, no matter what your age. A sense of community; friends, family, whānau; giving and receiving; making decisions for yourself; and, most of all, practical support when you need it. At Enliven we work alongside you and your family to achieve these things.



**Holmdene is an Enliven community committed to meeting the individual needs of residents and their families.**

*A New Zealand Ministry of Health certified service.*



### Introducing Holmdene

Holmdene provides a friendly, active and supportive environment, where families and volunteers are an important part of the home's community and visitors are welcome at any time. A large courtyard garden to enjoy on sunny days and a position in the very heart of town make Holmdene an ideal location.

One of Holmdene's many features is its men's shed. Fully equipped with wood working tools, paints and brushes, this is a very popular space for residents who enjoy working with their hands.

Rooms at Holmdene are light, spacious and furnished. You are also welcome to bring your own furnishings and personal items. All rooms include a shared ensuite and many have access to internal courtyards and outdoor spaces.



**'The care and attention given to mum by staff is like they are looking after their own parent'**

Daughter of Resident, Holmdene

Services available at Holmdene include:

- Rest home or hospital level care, accommodation for 35 residents
- Respite and palliative care

**All residents are supported by 24 hour nursing and medical care.**

