



YouthGrow
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YouthGrow is a youth development programme offered by Family Works, a Presbyterian Support Otago service.



Presbyterian Support
Otago



YouthGrow

life ready - work ready

An alternative education pathway



YouthGrow

YouthGrow is a Dunedin based programme for young people aged between 16 and 24 who feel unsure about their next step in life. They might be needing to gain more skills or qualifications to be work-ready. Or perhaps they just need some more support to reach a decision about their next step.

YouthGrow is about learning real life, practical skills and developing the confidence to succeed in life, learning and employment.

So, whether a young person is looking to get the skills and qualifications needed to take on further study or a new job, get better prepared for their next phase of life, or support to gain more control over their life, YouthGrow can help them achieve their potential and get better prepared for that next step.



Youth Development

YouthGrow's Youth Development Programme helps young people to identify and build on their skills. Our approach is to focus on mana-enhancing relationships that develop their sense of belonging and identity, help grow their sense of competence and achievement, encourage an attitude of generosity, and build a sense of responsibility.

How does the programme work?

YouthGrow is an alternative education pathway and offers a Life Skills curriculum focusing on the skills needed to become 'Life ready, Work ready'. The programme is run in small groups and is led by qualified and passionate youth workers and educators.

At YouthGrow, we recognize that people learn in different ways and have unique strengths. Using a strengths-based approach to learning allows for a tailored approach, which builds an increasing sense of control and competence.

The education programme we offer includes

- NCEA Level 1 Unit Standards and core curriculum
- Some specialist horticulture skills
- Social skills
- Budgeting and planning
- 'Stickability' skills that employers are after
- STEM (Science, Technology, Engineering and Mathematics) subjects
- A range of practical tool skills
- Health and Safety skills
- Self-management skills that foster independence

For more information and to enquire about referrals please visit youthgrow.org.nz or ask your GP, Health Coach or HIP about YouthGrow.